

THERAPEUTIC RECREATION NEWSLETTER

OWATONNA PARKS AND RECREATION
540 WEST HILLS CIRCLE
OWATONNA MN 55060

Viewable online:
www.ci.owatonna.mn.us/parks

July, August, and September 2019



**Recreation Supervisor
Therapeutic Programs:
Dani Bakken, CTRS**
507-774-7110

**Recreation Facility
Assistant:
Madelyn Pennaz**
507-774-7108

**Group and Bowling Aide:
Nora Thompson**

**Leisure Swim Staff:
Tim Schiltz**

Program Cancellations
507-444-4321

Registrations and Payments

Please remember that you must register and pay for any activities that you want to participate in. If you do not pre register, there is a chance that you will not be able to participate in the activity. This is particularly important when supplies or food need to be purchased for the program.

Scholarship Program Update

Our scholarship program is once again being updated. Scholarships will now cover 60% of program and membership costs and 50% of trip and bowling fees. Under this change, you must provide proof of need—recipient of free and reduced lunch program, SSI or Social Security benefits, or Medical Assistance.

Night Club Bus Cancelled

Due to budget constraints and waning use, the bus to and from Night Club on Wednesdays is being discontinued beginning in July. We apologize for the inconvenience.

Programming Questions

All programming questions can be forwarded to Madelyn's voicemail at 507-774-7108 or her email Madelyn.pennaz@ci.owatonna.mn.us

Summer Weather

Check the cancellation and closing page on our website (www.ci.owatonna.mn.us/291/cancellation-closings) or call 507-444-4321.

TR Membership Council

We still have plenty of room for more members on our Membership council. If you would like to join us, please contact the TR office or talk to one of our council members. We meet on the last Tuesday of each month, 4:00-5:00pm at West Hills Social Commons. The upcoming meeting dates are:

July 30 August 27 September 24

Parks & Recreation



"Your Best Investment"
City of Owatonna

A Division of Parks & Recreation
500 Dunnell Drive, Owatonna, MN 55060
507-444-4280

Additional TR Programs and News

Inclusion



Youth with disabilities or health concerns are welcome and encouraged to participate in existing youth sports, aquatics, and seasonal programs. The inclusion policy provides all children registered with an equal ability to participate with adaptive equipment, program modification, and other accommodations as needed. Consultations with parents and the coach/instructor help make the transition possible. In addition, all coaches, instructors, and summer staff receive a brief orientation on working with children with disabilities in their training sessions. Requests for one on one assistance will be considered when available. **Registration:** When enrolling your child in sports and other youth programs we request that you indicate any special needs or health concerns your child may have. We must be aware of any condition that warrants medication or special attention from Parks and Recreation staff while your child is in our care. Information shared with staff is confidential.

Thank You Gopher Sports!

Let's give a big "Thank You!" to Gopher Sports for their generous \$500 donation to Therapeutic Recreation to purchase a paddle boat for Lake Kohlmier. The paddle boat will be at the Lake this summer and is sure to provide much entertainment for TR programs throughout the years.



Join We All Play in bringing an inclusive playground and Miracle League field to Owatonna! Inclusive play focuses on giving everyone access to play opportunities. It gives children and adults the opportunity to play side by side no matter what their abilities are. For more information please visit their website at www.weallplayowatonna.com or their Facebook page @WeAllPlayOwatonna

Upcoming Fundraisers:

July 19 & 20: Cashwise Food Booth—Owatonna, MN (Volunteers still needed, visit their Facebook page for more info)

Leisure Swim

This aquatic group is designed for kids with disabilities who would like an opportunity to swim and enjoy some weekly exercise in a supervised pool setting. The group be limited to 8 registrations and we ask that parents provide an assistant for their child if needed. Our swim staff is Tim Schiltz who is qualified in water safety and experienced with swimmers who have special needs. Tim is also the local Special Olympics Aquatics Coach. He will provide group supervision and use games and water activities to help the kids develop socialization skills.

For kids: age 6-16

Location: West Hills Pool

Limit: 8 (5 minimum to offer the sessions)

Spring Session: September 24—November 19

Fee: \$40

Register online or at the Park & Rec office

Advocates for Developmental Disabilities Individual Needs Fund

A.D.D. has a special fund to help individuals with developmental disabilities pursue leisure opportunities — including Parks and Rec fees. Contact A.D.D. at 507-451-9769 or add_steele@hotmail.com for more information.

TR Spring Happenings

TR Monday Bowling League

The TR Monday bowling league is available for teens and adults ages 10 years and older who have developmental disabilities or mental health issues. We bowl 2 games per week from 4:30-6:00pm. Due to changes at SpareTime, league is now limited to 40 bowlers, these spots will be filled on a first come, first served basis. Payment is due at the time of registration.

Fall League Dates: September 9—November 25 (Registration and Fee due September 2—those not paid will not be able to participate)

Time: 4:30-6:00 PM

Location: SpareTime Entertainment

Fees: \$87.50 payable to City of Owatonna. No money will be taken at the bowling alley. Shoes are free of charge.

Como Park Zoo Trip

What better way to welcome summer than a trip to the zoo? We will be exploring beautiful Como Park Zoo and Conservatory where we will see all sorts of animals and beautiful flowers and plants. Everyone will be on their own for lunch so bring a bag lunch or extra cash to buy lunch at the zoo. RSVP by June 17.

Date: Sunday, June 30

Bus departs WHSC at 10:00am and returns at 3:30pm

Cost: \$20 for donation to zoo, transportation, and TR staff—Non-members pay \$30.

Twins Game

The Minnesota Twins are currently on a hot streak so let's hope that they can keep it up when we go see them play on July 21! We will arrive at Target Field with enough time to find our seats and something to eat before the first pitch. Make sure to bring your sun gear and sun screen and pay attention to the weather so that you are dressed appropriately. RSVP by July 8—trip is limited to the first 40 registrants.

Date: Sunday, July 21 (1:10pm game time)

Bus departs WHSC at 11:00am and returns around 5:45pm

Cost: \$50 includes ticket, transportation, and TR staff—Non-members pay \$60.

Walker Art Center Sculpture Garden

Join your TR friends as we visit the home of the iconic "Spoonbridge and Cherry" at the Walker Art Center Sculpture Garden to explore the larger than life art and have a lovely picnic inside the Garden grounds. Pack a cold lunch to eat when we arrive at the Sculpture Garden and make sure to wear your walking shoes!

Date: Sunday, August 25

Bus departs WHSC at 10:30 and returns around 3:15pm

Cost: \$20 includes transportation and TR staff; please bring your own cold lunch—Non-members pay \$30.

Special Rec

July, August, and September

**Special Rec is a group for children with disabilities ages 4-10.
Membership fee of \$24 due July for July-December.**

July 3—No Programming (Independence Day)

July 10—Membership BBQ at WHSC (5:30pm). Join other Therapeutic Recreation members for a fun BBQ and lawn games. Dinner will be served and membership dues (\$24) will be due for July—December. Feel free to stay as long as you would like.

July 17—Floor Hockey at WHSC. We will set up the nets again and play a friendly game of floor hockey.

July 24—Pipe Cleaner Toys at WHSC. Come show your creativity as we make cute animals and cool toys out of pipe cleaners.

July 31—T-Ball at Manthey Field #1. It's time for some batting practice and running around the bases! We will meet at Manthey Park Field #1 for some T-ball. All gear will be provided but feel free to bring your own glove!

August 7—River Springs Water Park. Splash around Owatonna's own waterpark with your Special Rec friends. Admission is free and you are welcome to stay after our scheduled 6:00pm.

August 14—No Programming (Steele County Free Fair)

August 21—Photo Booth at WHSC. We are going to get silly with a homemade photo booth and fun props! Practice your smile!

August 28—Canvas Painting at WHSC. Let's make art (and a mess!) Wear clothes that can get paint on them while we paint some beautiful art to put in our homes.

September 4—Camping 101 at WHSC. We are going to learn all about camping, check out a tent, and make s'mores!

September 11—Volunteer Project at WHCS. Join us as we do a service project to give back to our community. Project still to be determined.

September 18—End of Summer Bonfire at Lake Kohlmier Beach (5:30-7:30pm). Another all group event to close out the summer! We will meet at the beach for campfire songs, s'mores (again!) and paddle boating. Stay for as long or as little as you would like.

September 25—Hand Puppets at WHSC. We are going to make our very own hand puppets and put

Please Return RSVP form to Madelyn or Dani

July 10	Attending	Not Attending	Membership BBQ
July 17	Attending	Not Attending	Floor Hockey
July 24	Attending	Not Attending	Pipe Cleaner Toys
July 31	Attending	Not Attending	T-Ball
August 7	Attending	Not Attending	River Springs Water Park
August 14			
August 21	Attending	Not Attending	Photo Booth
August 28	Attending	Not Attending	Canvas Painting
September 4	Attending	Not Attending	Camping 101
September 11	Attending	Not Attending	Volunteer Project
September 18	Attending	Not Attending	End of Summer Bonfire
September 25	Attending	Not Attending	Hand Puppets

Teen Club Activities

July, August, and September

Teen Club welcomes students 10—22 years old who is looking for fun and friendship!

Teen Club meets Thursdays from 6:00-7:30pm unless otherwise noted.

July 4—No Programming (Independence Day)

July 10—Membership BBQ (Wednesday) at WHSC. Join other Therapeutic Recreation members for a fun BBQ and lawn games. Dinner will be served and membership dues (\$48) will be due for July—December. **RSVP by July 3!**

July 18—Walk to the Blast from Morehouse Park. What is better than some frosty cold ice cream after a pleasant walk? We will meet at Morehouse Park by the jungle gym to walk to the Blast for some ice cream before making our way back to the park. Bring money to purchase your treat.

July 25—Yarn Monograms at WHSC. Come make a fun decoration for your room or house with some yarn, adornments, and the first letter of your name! **Cost is \$10—RSVP by July 11** and include what letter you would like to decorate.



August 1—Kickball at Manthey Field #1. It's kickball time! Join us at Manthey Park Field #1 for a rousing game of kickball with your Teen Club friends. Wear comfy clothes and close toed shoes so that you can fully participate!

August 8—River Springs Water Park. Celebrate the dog days of summer by splashing around River Springs Water Park! Admission is free. We will meet at the water park.

August 15—No Programming (Steele County Free Fair)

August 21—Hollywood Dance (Wednesday) at WHSC. We've rescheduled our Hollywood Night that was snowed out this winter. Join us for a night of dancing and glamour. Dress your best and get ready to celebrate our TR celebrities. **RSVP by August 14.**

August 29—Felt Animals at WHSC. Come explore your creativity by making adorable felt animals. Everyone will pick out an animal and learn how to hand stitch it together. **Cost is \$5—RSVP by August 15.**

September 5—Wii Games at WHSC. We are going to hook up the Wii and take turns playing different Wii games. Get ready for some friendly competition!

September 12—Volunteer Project at WHSC. Join us as we do a service project to give back to our community. Project still to be determined.

September 18—End of Summer Bonfire (Wednesday) at Lake Kohlmier Beach. We will meet at the beach for campfire songs, s'mores, and paddle boating to mark the passing of summer. We will also set up the volleyball net and have some lawn games to play. **RSVP by September 11.**

September 26—Fall Wreaths at WHSC. What better way to celebrate the coming of fall than making some festive fall decoartions? We will be making a lovely, fall themed wreath that can be hung on a door or wall. **Cost is \$10—RSVP by September 11.**



Night Club Schedule

July, August, and September

Night Club invites members 22 years and older to create friendships and pursue their leisure interests.

Night Club meets on Wednesdays from 6:00-7:30pm unless otherwise noted.

July 3—No Programming (Independence Day)

July 10—Membership BBQ at WHSC. Join other Therapeutic Recreation members for a fun BBQ and lawn games. Dinner will be served and membership dues (\$48) will be due for July—December. **RSVP by July 3!**

July 17—Walk to the Blast from Morehouse Park. What is better than some frosty cold ice cream after a pleasant walk? We will meet at Morehouse Park by the jungle gym to walk to the Blast for some ice cream before making our way back to the park. Bring money to purchase your treat.

July 24—Yarn Wall Hanging at WHSC. Yarn tapestries are all the rage again so we are going to hop on the tapestry train with these beautiful yarn wall hangings. Colors and shape of hanging can be customized. **Cost is \$10—RSVP by July 10.**

July 31—Softball at Manthey Field #1. We are going to meet out at Manthey Park Field #1 for a rousing game of softball! Madelyn will bring all of the equipment we need but feel free to bring your own glove and water bottle. Wear close toed shoes!



August 7—River Springs Water Park. Celebrate the dog days of summer by splashing around River Springs Water Park! Admission is free. We will meet at the water park.

August 14—No Programming (Steele County Free Fair)

August 21—Hollywood Dance at WHSC. We've rescheduled our Hollywood Night that was snowed out this winter. Join us for a night of dancing and glamour. Dress your best and get ready to celebrate our TR celebrities. **RSVP by August 14.**

August 28—Barn Quilts at WHSC. A barn quilt is a large piece of wood painted to resemble a fabric quilt. While our barn quilts won't live on actual barn, we will get to take them home to liven up our living spaces. **Cost is \$5—RSVP by August 7.**

September 4—National Wildlife Day at WHSC. We are pulling out the paint brushes again—this time to paint beautiful birdhouses in celebration of National Wildlife Day. **Cost is \$5—RSVP by August 7.**

September 11—Volunteer Project at WHSC. Join us as we do a service project to give back to our community. Project still to be determined.

September 18—End of Summer Bonfire at Lake Kohlmier Beach. We will meet at the beach for campfire songs, s'mores, and paddle boating to mark the passing of summer. We will also set up the volleyball net and have some lawn games to play. **RSVP by September 11.**

September 25—Fall Wreaths at WHSC. What better way to celebrate the coming of fall than making some festive fall decoartions? We will be making a lovely, fall themed wreath that can be hung on a door or wall. **Cost is \$10—RSVP by September 11.**



Please register for all activities you plan to attend on our registration page.

All fees are due at the time of registration.

Name _____ Phone _____

Send form to:
Dani Bakken
Therapeutic Recreation
500 Dunnell Drive
Owatonna, MN 55060

Please send this page back to Dani or Madelyn to RSVP for the programs you want to attend.

Night Club

July 10	Attending	Not attending	Membership BBQ	Dues are \$48—RSVP by July 3
July 17	Attending	Not attending	Walk to the Blast	Bring money for ice cream
July 24	Attending	Not attending	Yarn Wall Hanging	Cost is \$10—RSVP by July 10
July 31	Attending	Not attending	Softball	Manthey Field #1
August 7	Attending	Not attending	River Springs Water Park	Meet at Water Park
August 14			No Programming (SCFF)	
August 21	Attending	Not attending	Hollywood Dance	RSVP by August 14
August 28	Attending	Not attending	Barn Quilts	Cost is \$5—RSVP by August 7
September 4	Attending	Not attending	National Wildlife Day	Cost is \$5—RSVP by August 7
September 11	Attending	Not attending	Volunteer Project	
September 18	Attending	Not attending	End of Summer Bonfire	RSVP by September 11
September 25	Attending	Not attending	Fall Wreaths	Cost is \$10—RSVP by September 11

Teen Club

July 10	Attending	Not attending	Membership BBQ	Dues are \$48—RSVP by July 3
July 18	Attending	Not attending	Walk to the Blast	Bring money for ice cream
July 25	Attending	Not attending	Yarn Monograms (Letter: _____)	Cost is \$10—RSVP by July 11
August 1	Attending	Not attending	Kickball	Manthey Field #1
August 8	Attending	Not attending	River Springs Water Park	Meet at Water Park
August 15			No Programming (SCFF)	
August 21	Attending	Not Attending	Hollywood Dance	RSVP by August 14
August 29	Attending	Not Attending	Felt Animals	Cost is \$5—RSVP by August 15
September 5	Attending	Not attending	Wii Games	
September 12	Attending	Not attending	Volunteer Project	
September 18	Attending	Not attending	End of Summer Bonfire	RSVP by September 11
September 26	Attending	Not attending	Fall Wreaths	Cost is \$10—RSVP by September 11

Seasonal Offerings

_____ Fall Bowling (\$87.50)
_____ Como Zoo (\$20)

_____ Twins Game (\$50)
_____ Walker Art Center Sculpture Garden (\$20)

Owatonna Special Olympics

Listen to Owatonna radio for weather related announcements, follow Owatonna Area Special Olympics on Facebook, or check the Special Olympics MN website.

Area 10 Golf Competition—July 16, 2019

Areas 9/10 Bocce Competition—August, 3 2019

