

Partnerships

- Lion's Club—Eyeglasses/Hearing Aid Collection
- Courage Kenny—Chair Aerobics & Weight Training
- Spare Time Entertainment—Bowling League
- Steele County—Senior Day at the Fair, Outstanding Senior Citizen Awards
- Elks Club—Monthly Dancing
- Healthy Seniors of Steele County
- Semcac Senior Dining
- Pickleball

Call for More Information



Rental of West Hills Social Commons

West Hills Social Commons has many rooms available for rentals.

- Board Room: 40 people
- East Meeting Room: 35 people
- Multi-Purpose Room w/ kitchen: 160 people
- North Meeting Room: 15 people
- West Meeting Room w/ kitchen: 50 people

Great for Anniversaries, Birthdays, Family Get-Togethers, Meetings, Retirements, Weddings, etc.

Call Dani or Eric at 774-7110

Online Reservation now available!
for more information and rental rates.
Special rates for non-profits & members too.



Adult Leisure Pursuits

*a subdivision of the
City of Owatonna and the
Parks & Recreation Department*



Leisure & Recreational Pursuits for Adults 50 and over

LIVE FULL. LIVE WELL. LIVE LONG.

The mission of Adult Leisure Pursuits is to involve, enrich and empower adults 50 years of age or better to live as independently as possible in our communities.

We do this by promoting the wellness of adults 50 years of age or better through recreational, educational and social opportunities as well as being a referral source for services available within our service area. Activities and programming of the center emphasize creating and maintaining independence in all phases of life.

Offerings

Adult Leisure Pursuits offers services, information and social, intellectual, and wellness opportunities. It is your place for:

- Activities
- Exercise
- Travel
- Wellness
- Friends
- Volunteering
- Learning
- Fun
- Relaxation



Benefits of Being a Member

- Quarterly newsletter mailed directly to your home
- Partnership Program with discounts at participating businesses
- Get \$15 off on every day trip
- Early registration for all day trips
- Access to free or reduced-price educational speakers and other programs

Programs & Activities

Trips

Day and Extended Trips

Active Programs

Table tennis, exercise programs and dances, yoga, Pilates, and billiards

Passive/Relaxing Programs

Games/cards, social gatherings, book club, Bingo, Golden Tones choir, card making, Tai Chi, quilting

Services

Toe nail clinic, AARP tax preparations, AARP Driver Safety course

Entertainment

Senior dances and special events

Life Long Learning/ Experiences

Art classes and educational speakers

Volunteer Opportunities

Front desk, newsletter prep, SeniorPlace Inc. board and fundraisers

Information About West Hills Social Commons

West Hills Social Commons is located on the West Hills Campus off of State Ave.

Address:

500 Dunnell Drive
Owatonna, MN 55060

Phone:

507-444-4280

Fax:

507-444-2470

Email:

Danielle.Bakken@ci.owatonna.mn.us
Eric.anderson@ci.owatonna.mn.us

Hours:

Monday - Friday
8 am - 4 pm



Website:

<http://www.ci.owatonna.mn.us/324/WestHillsSocialCommons>

Membership Dues

\$40.00 per person — Join today!
January - December of each year.

SeniorPlace, Inc

Is a non-profit 501c (3) agency that receives donations through memorials and fundraising throughout the year. Your donations to SeniorPlace, Inc are tax deductible.

Advertising

For information about advertising in our newsletter call us at 507-444-4280