

Stage 1 of Opening West Hills Tennis and Fitness Center

General information

- Building maximum capacity: 100 persons
- Pool maximum capacity: 5 persons
- Participation is 100% optional
- Masks are required inside the building per Governor Orders at all times
 - Masks are not allowed when inside the pool
- All patrons must maintain 6 feet of social distancing at all times when not exercising.
- All patrons must maintain 12 feet of social distancing at all time when exercising.
- It is recommended that all Registrations, Reservations, and Membership purchases be made over the phone during staffed hours or online.

Building Use

- All rooms are available for use during scheduled program or rental times.
- Common areas are used for pass through purposes only (no congregating)
- Patrons will only have access to the Men's and Women's locker-rooms (exception if ADA restroom is needed)
 - Showers are for pool participant use only.

Arrival

- Programs utilizing the fitness half of the building will enter using the fitness door only.
- Programs utilizing the tennis center will enter using the tennis center door only.
- Patrons can arrive no earlier than 10 minutes before the start of their program or reservation.
- All patrons must check in upon arrival and will be asked COVID screening questions
 - Anyone that has a fever, cough, sore throat, shortness of breath, or have come in close contact with someone with COVID/cared for someone with COVID will not be allowed to participate in that days programs or activities.

Departure

- Patrons must leave the building within 10 minutes of their program ending. (no congregating)
- Patrons must leave the building using the same door they entered.

Programs/Reservations

- It is recommended that all patrons pre-register or make reservation over the phone during staffed hours or online, payment must be made at the time of registration/reservation.
- Patrons must follow all instructions for each program/activity they intend to participate in. See "Program/Activity Guidelines" for more information on your program.

Tennis Memberships

- Memberships must be purchased over the phone during staffed hours or online, payment must be made at the time of purchase.

Food and Beverages

- Snacks/food can be brought in by individuals for their own use (no shared snacks)
- Water fountains will be turned off but water bottle fill stations will be available

Cleaning

- All shared items will be sanitized by staff between each use.
- Bathrooms and commonly touched surfaces/objects will be sanitized and logged by staff 3 times a day during open hours.

Programming guidelines

- Programming that can occur:
 - Water Aerobics:
 - Participants must enter the building through the fitness doors or through the ADA entrance by the pool.
 - Request ADA entrance through registration.
 - Per MDH Regulations all participants must shower before entering the pool.
 - All equipment used will be sanitized after class.
 - Swimming Lessons:
 - 1 Parent/guardian can accompany the participant to class, no other guest are allowed inside the building.
 - Parent/Guardian observing must remain in the designated pool waiting space by the pool pump room unless they are the parent accompanying the child in the water.
 - Students in Parent Child, Preschool, and Levels 1-3 must have a parent accompany student in the water.
 - Parents will be asked to assist with holding/guiding the child in the water while instructor instructs from the deck if instructor needs to get in the water to assist they will have a face shield.
 - Participants must enter the building through the fitness doors or through the ADA entrance by the pool.
 - Request ADA entrance through registration.
 - Per MDH Regulations all participants must shower before entering the pool.
 - All equipment used will be sanitized after class.
 - American Red Cross Certification Courses:
 - Participants must enter the building through the fitness doors or through the ADA entrance by the pool.
 - Request ADA entrance through registration.
 - Participants will bring their own pens/pencils
 - Participants cannot share their books or personal items.
 - Equipment will be sanitized by staff between uses.
 - Follow American Red Cross Guidelines.
 - Yoga
 - Participants must enter the building through the fitness doors or through the ADA entrance by the pool.
 - Participants will bring their own mats
 - Cleaning spray will be available for patrons to use to clean their mat prior to leaving
 - Tennis Court Reservations
 - Preparing to play:
 - Participants must enter the building through the tennis center doors or through the ADA entrance by the pool.

- All Participants must utilize hand sanitizer upon entering the facility.
- Participants must not share racquets, water bottles or any other personal equipment.
- Players must wear masks at all times including when playing tennis.
- All participants must be members.
- Use new balls and new grip, if possible.
- When Playing:
 - Try to stay at least 12 feet apart from other players while playing tennis.
 - Do not make physical contact with other players (such as shaking hands or high five)
 - When playing doubles, coordinate with your partner to maintain physical distancing.
 - Use your racquet/foot to pick up balls and hit them to your opponent. Avoid using your hands to pick up the balls.
 - Remain apart from other players when taking a break.
 - If a ball from another court comes to you, send it back with a kick or with your racquet.
- After Playing
 - Leave the court as soon as reasonably possible.
 - Wash your hands thoroughly or use a hand sanitizer after coming off the court.
 - All players must leave the facility within 10 minutes of your reservation ending. (No congregating)

Other programs may be added and this will be updated as need.

Cooperation & Responsibility

Owatonna Parks and Recreation Department

- Distribute Covid-19 Safety Plan protocols
- Train and educate all staff on State/CDC/MDH protocols.
- Provide adequate space for social distancing.

West Hills Tennis and Fitness Center Guest Service and Aquatics Staff

- Follow all State/CDC/MDH protocols.
- Send participants home if they are not feeling well.
- Ensure that social distancing guidelines are being followed when fitness activities are not in place.
- Enforce all safety plan procedures and respond if they are not.

Participants

- Adhere to all safety guidelines above.